



Hamilton Brain Injury Association

We are currently looking for volunteers in the following areas:

- Bikes, Blades & Boards Presenter
- Survivor & Family Special Events Volunteer
- Program Support
- 5K By the Bay

Bikes, Blades & Boards Presenter *(Police Vulnerable Sector Check & Training Required)*

Bikes, Blades & Boards is a volunteer-run injury prevention program that exists to provide Elementary Students within basic information about our brain, it's function and brain injury information. This program is equipped with injury prevention and proper helmet wearing tips. As a Bikes, Blades & Boards Presenter, you will be responsible for delivering our 60-minute Injury Prevention Program to students within grades 1-3 throughout Hamilton, Haldimand-Norfolk and/or the Niagara Region. This program runs throughout the academic year (September – June) of each year. You will be assigned to Elementary School(s) that have applied to this program to independently prepare for and conduct our Bikes, Blades & Boards presentation.

Special Events Volunteer (Annual Survivor & Family Events) *(Police Vulnerable Sector Check Required)*

The Hamilton Brain Injury Association holds four Annual Survivor & Family Events each year. As a Special Events Volunteer, you will assist in the operation and success of our Candlelight Vigil (June), Friends & Family BBQ (July), Halloween Social (October) and Holiday Party (December).

Program Support *(Police Vulnerable Sector Check Required)*

Do you have a specialty (i.e. Yoga, Art, Horticulture) and passion for providing support individuals living with the effects of Acquired Brain Injury? You might be a good fit for Program Support. As a Program Support volunteer, you will facilitate a free weekly or monthly Club under the supervision of HBIA's Executive Director and/or Program Facilitator that will provide meaning and teach a new skill to the individuals we serve.

5K By the Bay

Our Annual 5K By the Bay is held on the third Saturday in June in an effort to raise awareness of Brain Injury during Brain Injury Awareness Month and much needed funds for our non-profit organization. If you are interested in a one-day event; this opportunity might be for you! This truly is an inspirational event for the entire community and takes a number of dedicated volunteers to run. Some specific volunteer opportunities include: **Race Marshals, Child Entertainment, Set Up or Take Down** and **Miscellaneous** including helping with the BBQ and food distribution, prize set up and organization and First Aid Station assistance

Hamilton Brain Injury Association

822 Main Street East, Hamilton, Ontario L8M 1L6

Phone: 905-538-5251 | Fax: 905-390-3649 | Email: info@hbia.ca | Website: www.hbia.ca

Registered as a Canadian Charitable Organization: Registration # 141049759RR0001