

GOLD SPONSORS



SILVER SPONSORS



BRONZE SPONSORS



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17th Annual HBIA 5K By the Bay



Pier 4 Park
Saturday, June
18, 2022

**REGISTER
ONLINE TODAY!**

WWW.HBIA.CA

PLATINUM SPONSOR



Schedule of Events:

Registration Opens – 8:30 am

Walk a Mile in My Shoes – 10:00 am

Join survivors of ABI, their families, and our valued community partners in a 1 km walk to raise awareness of acquired brain injury during Brain Injury Awareness month in Canada.

Blake Heys Memorial Kids Fun Run – 10:30am

Calling all elementary students within kindergarten to grade 6 to join our 1 km Blake Heys Memorial Kids Fun Run. We have a fantastic assortment of prizes for winners within each grade category and a VERY special prize for the top pledge collector!

Classic Certified 5K – 11:30 am

Join seasoned runners and first-time racers in our Classic 5K race. Our course is newly certified by Athletics Canada and all participants are chip timed.

Corporate Team – 11:30 am

Classic 5K or 5 x 1K Relay Challenge

Sponsor Exclusive: Enter a team of 5 individuals to represent your company to the finish line in the Classic 5K or enter 5 individuals to compete in the Relay Team Challenge by each sprinting 1K!

BBQ – 11:30 am

Make it a fun family or company event and join us for a celebratory BBQ, speeches and special award ceremony of our *HBIA Survivor Recognition Award*.

JOIN US

Location: The event starts and ends at Pier 4 Park located at 64 Leander Dr, Hamilton, ON L8L 1N6.

Event Details: Visit Registration to sign-in or sign-up on the day of the event. Waiver must be completed to participant. Pledges are encouraged but not required to participate.

Walk a Mile in My Shoes

FREE! If you would like a jersey and race bag, a donation of \$20.00 will be accepted on the day of the event at Registration (**Limited quantity available – first come, first serve basis**).

Kids Fun Run

\$20.00 (pre-registration online)

\$25.00 (event day)

Classic 5K

\$35.00 (pre-registration online)

\$40.00 (event day)

REGISTER ONLINE!

www.hbia.ca or www.raceroster.com &

Search: 5K By the Bay

WHY REGISTER ONLINE? SAVE WITH PRE-REGISTRATION RATES, GUARANTEE YOUR JERSEY & BAG, COMPLETE YOUR WAIVER AND PLEDGE DIRECTLY ONLINE!

Do you have questions or want additional information? Get in touch with us!
info@hbia.ca | (289) 442-4023.





17th Annual 5K By the Bay

Race Participant Name:

	Donor Name	Email Address	Address <i>(Street, City, Province, Postal Code) *Required for tax receipt*</i>	Cash or Cheque	Amount
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					
14					
15					



PLEASE PRINT CLEARLY FOR OFFICIAL TAX RECEIPT PURPOSES!

- donor's full address with postal code required to issue official tax receipt
- only donations of \$20 or more will be accepted
- cheques must be made payable to: **Hamilton Brain Injury Association**
- bring total pledge amount; including all cash and cheques received to the event on June 18th

Pledge total on this page: