

## DIAMOND SPONSORS



# 19<sup>th</sup> Annual HBIA 5K By the Bay



## JOIN US !

**Location:** The event starts and ends at Pier 4 Park located at 64 Leander Dr, Hamilton, ON L8L 1N6.

**Event Details:** Visit Registration to sign-in or sign-up on the day of the event. Waiver must be completed to participant. Pledges are encouraged but not required to participate.

## GOLD SPONSORS



Pier 4 Park  
Saturday, June 15, 2024  
**REGISTER ONLINE TODAY!**  
[www.HBIA.ca](http://www.HBIA.ca)

### Walk a Mile in My Shoes

**FREE!**

If you would like a jersey and race bag, a donation of \$20.00 will be accepted on the day of the event at Registration (**Limited quantity available – first come, first serve basis**).

### Kids Fun Run

\$25.00

### Classic 5K

\$50.00

## SILVER SPONSORS



### Schedule of Events:

*Registration Opens – 8:30 am*

#### Walk a Mile in My Shoes – 10:00 am

Join survivors of ABI, their families, and our valued community partners in a 1 km walk to raise awareness of acquired brain injury during Brain Injury Awareness month in Canada.

#### Blake Heys Memorial Kids Fun Run – 10:30am

Calling all elementary students within kindergarten to grade 6 to join our 1 km Blake Heys Memorial Kids Fun Run. We have a fantastic assortment of prizes for winners within each grade category and a VERY special prize for the top pledge collector!

#### Classic Certified 5K – 11:30 am

Join seasoned runners and first-time racers in our Classic 5K race. Our course is newly certified by Athletics Canada and all participants are chip timed.

#### Corporate Team – 11:30 am

#### Classic 5K or 5 x 1K Relay Challenge

*Sponsor Exclusive:* Enter a team of 5 individuals to represent your company to the finish line in the Classic 5K or enter 5 individuals to compete in the Relay Team Challenge by each sprinting 1K!

#### BBQ – 11:30 am

Make it a fun family or company event and join us for a celebratory BBQ, speeches and special award ceremony of our *HBIA Survivor Recognition Award*.

## REGISTER ONLINE!

[www.hbia.ca](http://www.hbia.ca) OR [www.raceroster.com](http://www.raceroster.com)  
Search: 5K By the Bay

**WHY REGISTER ONLINE? SAVE WITH PRE-REGISTRATION RATES, GUARANTEE YOUR JERSEY & BAG, COMPLETE YOUR WAIVER AND PLEDGE DIRECTLY ONLINE!**

Do you have questions or want additional information? Get in touch with us!  
[info@hbia.ca](mailto:info@hbia.ca) | (289) 442-4023.



## BRONZE SPONSORS





# 19th Annual 5K By the Bay

Race Participant Name:

	Donor Name	Email Address	Address <small>(Street, City, Province, Postal Code) *Required for tax receipt*</small>	Cash or Cheque	Amount
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					
14					

Pledge total on this page:



PLEASE PRINT CLEARLY FOR OFFICIAL TAX RECEIPT PURPOSES!

- donor's full address with postal code required to issue official tax receipt
- only donations of \$20 or more will be receipted
- cheques must be made payable to: Hamilton Brain Injury Association
- bring total pledge amount; including all cash and cheques received to the event on June 15th, 2024